FOR TEENS 12 – 17 YEARS OLD

WHAT IS A RESILIENCY CLASS?
An opportunity for LGBTQ+ teens to learn skills to enhance resiliency, for teens who feel sad, blue, or depressed. The class is not therapy. There are no right or wrong answers. We are interested in YOUR OPINIONS.

LEARN NEW SKILLS that may help manage stress & improve mood AND EARN $175 for completing the study.

FOR MORE INFO OR TO SIGN UP:
LGBTQgroup@mednet.ucla.edu
310-825-0385

The LGBT Resiliency Class is a study being conducted by Dr. Natalie Ramos, MD, Dr. Jeanne Miranda, PhD, and Dr. Elizabeth Ollen, PhD from UCLA. It is funded by the American Academy of Child & Adolescent Psychiatry.

This is a research study. Participation is voluntary. You can skip any questions that you do not want to answer. All the information for this will be kept confidential. Only research staff will have access. UCLA IRB #16-001493