Volunteers Needed for Sleep Deprivation Study

Have you been diagnosed with depression and been experiencing a major depressive episode for at least the past 6 months? Are you between 20-64 years old?

- If so, you may be eligible to participate in a study that is looking at how one night of sleep deprivation relates to changes in mood, brain chemistry and function, and gene regulation.

- The study involves 4 visits to our laboratory over the course of 1 month. One visit includes staying awake overnight in the laboratory.

- No current substance use

- The study involves 2 brain scans and multiple blood draws, as well as wearing an activity-tracker and logging daily mood on your phone for 2 weeks.

- Participants can earn up to $790 for completing all appointments.

For more information: https://depression.semel.ucla.edu/tsd#

Please call (310) 825-4875 or e-mail DGCBiomarkerStudy@mednet.ucla.edu and ask to speak to the Sleep Study Coordinator.