Healthy People Wanted for Weight Loss Study!

Volunteer for medically-supervised research at the UCLA Center for Human Nutrition to study

“The Effect of a Healthy Snack on Body Weight and Composition”

YOU MAY BE ELIGIBLE IF YOU:

- ARE 30-75 YEARS OF AGE
- ARE OVERWEIGHT (BMI 27.0-35.0 kg/m2)
- ARE GENERALLY HEALTHY

During this study, your participation will last up to 26 weeks (including screen). You will be instructed to follow a calorie-specific diet for 24 weeks. There will be 9 clinic visits. Blood samples will be taken at 8 visits, you will be asked to collect all of your stool on 3 separate occasions over a 24-hour period and asked to maintain a diary of food intake. You will be issued a pedometer to track your physical activity and be asked to wear it each day for the duration of the study. You will also be asked to complete questionnaires related to your diet and meet with a registered dietitian every two weeks for the duration of the study.

YOU WILL BE PAID UP TO $450 FOR YOUR PARTICIPATION

FOR MORE INFORMATION CALL:

(310) 206-8292

Disclaimer: Research is not VA research, will not be conducted by VA, has not been reviewed by VA’s Institutional Review Board, and is not endorsed by VA. VA is not responsible for any costs incurred by a Veteran if the Veteran enters the study as a research subject. This announcement is being provided for information only.

This is study is being conducted by Zhaoping Li, MD, PhD

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