Recently Diagnosed with Elevated Blood Sugar or Pre-Diabetes and Overweight/Obese?

Volunteer for medically-supervised research at the UCLA Center for Human Nutrition to study “Investigation of cinnamon spice on glucose and insulin levels in pre-diabetic subjects”

YOU MAY BE ELIGIBLE IF YOU:

• are 20-50 years of age
• are in generally good health
• are overweight/obese and pre-diabetic
• Typically consume a low fiber/polyphenol diet (beige diet)

During this study, your participation will last up to 4 weeks. There will be 3 clinic visits (including screen). You will have blood samples taken over a three hour period on 2 occasions. You will also be asked to eat oatmeal with and without cinnamon.

You will be paid up to $200 for your participation

FOR MORE INFORMATION
CALL 310-206-8292

OR EMAIL uclanutrition@gmail.com

As the confidentiality of emails cannot be guaranteed, do not include any sensitive information in your email if you choose to respond by that method.

This study is being conducted by Zhaoping Li, MD, PhD of the UCLA Center for Clinical Nutrition