Early Cardiovascular Health Outreach SMS
A Text-Messaging Program to Promote UCLA Student Heart Health and Wellness

❤️ How to participate

- Be a UCLA student between the ages 18-25
- Have a text-messaging plan

❤️ Study timeline

- Take a pre-survey that will take about 3-5 minutes
  (Submissions by Sunday 11:59 PM during the month of February/March will be enrolled to receive text messages the next day, Monday)

- Receive text messages for one month (Messages start every Monday)

- Have a chance to win in random prize drawings

- Take a post-survey that will take about 3-5 minutes

- You will get a $10 gift certificate as a thank you for your time

❤️ Register

Scan QR Code:

Or Register At:
https://www.surveymonkey.com/r/UCLAECHOS
UCLA Research Study

If you have any questions, please contact Dr. Tamara Horwich THorwich@mednet.ucla.edu
If you choose to contact us by email, please do not include any sensitive information in your email because the confidentiality of emails cannot be guaranteed

Protocol ID:IRB#16-001393  UCLA IRB Approved  Approval Date: 2/5/2019  Through: 11/28/2021  Committee: Medical IRB 1