Healthy Volunteers Wanted for Research

Volunteer for medically-supervised research at the UCLA Center for Human Nutrition to study Nutritional Supplementation in the Elderly with Weight Loss

You may be eligible if you are:
- Age 65 or older
- A non-smoker
- Have lost over 3% of your body weight in the last 6-12 months
  - In generally good health
  - Not living in a nursing home
  - Not overweight or obese

Your participation will last 9 weeks with 4 clinic visits. The first visit is a screening visit to ensure you are eligible for the study. Visits include blood tests, body weight, body fat and muscle mass measurements, surveys, walking for 6 minutes and a handgrip strength test. This is a randomized study, where you will be assigned to one of two groups. You will have a 1 in 2 chance of being assigned to receive dietary supplements (protein powder and fish oil) or no dietary supplements (control group).

You will be paid up to $200 for your participation.

For more information call:
(310) 206-8292 or email uclanutrition@gmail.com

Because the confidentiality of emails cannot be guaranteed, do not include any sensitive information if you choose to respond by email.

This study is being conducted by Zhaoping Li, MD, PhD, Lauren Lemieux, MD & Vijaya Surampudi, MD