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UCLA Frisca L. Yan-Go Lectureship in Sleep Medicine

UCLA Sleep Medicine Day

February 8, 2020
UCLA Faculty Center
UCLA Sleep Medicine Day

8:30AM – 9:00AM  Registration and Continental Breakfast

9:00AM – 9:10AM  Opening Remarks:
   Frisca L. Yan-Go, MD
   Professor of Neurology
   Director Emeritus, UCLA Sleep Disorder Center
   Moderator: Ravi Aysola, MD

9:10AM – 9:50AM  Sleep Traits Serving Learning and Memory
   Gina Poe, PhD
   Professor, Department of Integrative Biology and Physiology
   UCLA

9:50AM – 10:30AM  Cancer Related Sleep Deficiency in Cancer Care Continuum:
   Concept, Assessment, Cluster & Management
   Oxana Palesh, Ph.D., MPH
   Associate Professor, Department of Psychiatry and Behavioral Sciences
   Stanford University

10:30AM – 10:40AM  Break
   Moderator: Michelle Zeidler, MD

10:40AM – 11:20AM  Sleep as a modifier of biological and cognitive aging in the context of cancer
   Judith Carroll, Ph.D.
   Associate Professor, Psychiatry and Biobehavioral Sciences
   UCLA

11:20AM – 12:00PM  Management of Sleep Disorders in Cancer Patients in the UK
   Adrian Williams, MD
   Professor, London Sleep Center
   Guy’s and St. Thomas NHS Foundation Trust
   King’s College, London, UK

2020 UCLA Frisca L. Yan-Go MD Lectureship

12:00PM – 2:00PM  Lunch will be served

Michael Irwin, MD
Cousins Distinguished Professor
Director, Cousins Center for Psychoneuroimmunology
University of California, Los Angeles

Sleep and Inflammation in Cancer Survivorship: Partners in Sickness and Health

2:00PM – 3:00 PM  Coffee and dessert will be provided