Healthy Adults Needed to Participate in a Research study

To be Eligible for the Study
You must have no major medical conditions. You must not be scheduled to undergo surgery of the head or neck.

You must also be:
- 18 years or older
- Available for one 90-minute visit
- Able to abstain from alcohol and caffeine
- Able to visit the UCLA campus

What to Expect
- You will have only one study visit.
- You will be asked not to have caffeine or exercise before the study visits.
- You will have Thermal Images taken of your upper neck area (involves no radiation) for 60 minutes.
- You will have a cold wrap on your arm during part of the imaging.

Whom to Contact to Participate
To find out if you are eligible to participate in the study, contact:

Preethi Srikanthan, M.D., M.S.
Principal Investigator
Endocrinology, Department of Medicine
psrikanthan@mednet.ucla.edu

Julie M. Sorg, RN, MSN
Nurse Coordinator
UCLA Cardiac Arrhythmia Center
jsorg@mednet.ucla.edu

If you choose to respond by email, do not include any sensitive health information, as the confidentiality of emails cannot be guaranteed.

Study Summary
The autonomic nervous system (ANS) is a group of nerves that supplies a special type of fat in the neck called brown fat. Brown fat plays a role in the development of obesity and diabetes. We are working hard to understand whether surgery that effects the ANS nerves in the neck may affect the function of brown fat.

What are we studying?
We are looking for participants to help us better understand how the autonomic nervous system effects Brown fat function.

Study Team
The study is being conducted by physicians and nurses in the Department of Medicine at UCLA.