A STRESS, TRAUMA, AND RESILIENCE SEMINAR
PRESENTED BY THE DIVISION OF POPULATION BEHAVIORAL HEALTH

PROMOTING RESILIENCE IN FAMILIES WITH PRESCHOOL-AGED CHILDREN: FINDINGS FROM A RANDOMIZED TRIAL OF THE FOCUS FOR EARLY CHILDHOOD PROGRAM

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WEDNESDAY, OCTOBER 20, 2021 | 9:00 AM - 10:00 AM

Click here to register on the Wellbeing for LA Learning Center

This seminar will be held online.

LEARNING OBJECTIVES:

1. Name the core elements of FOCUS-Early Childhood (FOCUS-EC).
2. Describe how caregiver-child play and caregiver reflective functioning are used to build resilience skills in families with young children.
3. Name at least two parent, child, and family outcomes that research suggests are promoted by FOCUS-EC.

A recording with closed captioning will be available on the STAR Seminar web page at dpbh.ucla.edu/STAR-Seminar.

1 Continuing Education Credit Available.

UCLA Division of Population Behavioral Health is approved by the American Psychological Association to sponsor continuing education for psychologists.

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